

Karen Anderson, ATR-BC, LCAT, is a licensed clinical art therapist in Connecticut. She has been facilitating art therapy groups since 2014. Karen has provided art therapy in a variety of settings with adolescent, adult, and geriatric populations, with a concentration on grief and loss, and career exploration. Karen has presented and facilitated programs at several conferences, volunteered at the Tragedy Assistance Program for Survivors of the Military for 19 years, and now is the art therapist for Wellspring a residential mental health treatment center for women and girls in Bethlehem, CT.