



Katie McGrail (she/her) is a Licensed Mental Health Counselor, a Board-Certified Dance Movement Therapist, and a 200-hour certified yoga instructor. She is currently the HEARTplay Services Coordinator at Good Shepherd Community Care, Assistant Director of Camp Erin Boston, and supervises graduate students in clinical mental health counseling and dance movement therapy. Katie's clinical experience includes work with children and families including those with medical complexities and those living with a variety of disabilities in pediatric palliative care, at end of life, and in bereavement. She has experience teaching ballet, modern dance, improvisation, creative movement and yoga to movers and shakers from age three to 90+ and facilitating movement groups for many populations. Katie has also been collaborating and performing as a dancer and movement artist in the Boston area for more than a decade. She is a graduate of Connecticut College (BA) and Lesley University (MA) and currently serves as Vice President for the New England chapter of the American Dance Therapy Association.