



Dr. Stephanie Heitkemper is a compassionate and skilled Licensed Professional Counselor (LPC) and Registered Play Therapist Supervisor (RPT-S) with extensive expertise in grief and trauma-focused therapy. She holds a PhD in Counseling and Psychological Studies and is a recognized Fellow in Thanatology (FT). Dr. Heitkemper is highly experienced in creating therapeutic spaces and leading trainings for bereavement support, adaptable to various group sizes, age ranges, settings, and resources. With over a decade of private practice, she has developed an insightful understanding of both visible and subtle behaviors in grieving children, shedding light on their unique needs within family and community systems. Dr. Heitkemper guides participants in facilitating spaces that support children's emotional regulation throughout activities. Her knowledge of grief's impact on brain development allows her to create experiences where participants engage with art-based mediums, providing a focused and tangible way to process grief. This blend of hands-on experience, advanced training, and empathy equips participants with practical knowledge to enhance their professional practice immediately.